



The 51st Charleston Distance Run

15-mile race, 3-person 15-mile relay and 5k run/walk
 Saturday, August 31, 2024, 7:30 a.m. • Charleston, West Virginia

Register online at www.CharlestonDistanceRun.com

1. SELECT EVENT

(One entry per form)

	Rates for registration received by:				
	Feb. 29	June 30	Aug. 9	Aug. 28	Friday Aug. 30
<input type="checkbox"/> 15-mile race	\$45	\$60	\$75	\$90	\$95
<input type="checkbox"/> 3-person relay	\$25	\$35	\$40	\$45	\$50
<input type="checkbox"/> 5k run/walk	\$25	\$35	\$40	\$45	\$50
<input type="checkbox"/> U.S. Military rate	\$25	\$25	\$35	\$35	\$40

Mail entry form and payment to: **Charleston Distance Run**
P.O. Box 11595
Charleston, WV 25339

All race fees are non-refundable.

U.S. military, veterans, and first responders pay same reduced rate for all events. Please indicate event. No online registration for military rate.

Change events by email request to:
charlestondistancerun@yahoo.com

2. PARTICIPANT INFORMATION (please print clearly)

FIRST NAME				BIB/CHIP (late registration only):			
LAST NAME							
GENDER <input type="checkbox"/> FEMALE <input type="checkbox"/> MALE		BIRTHDAY MM DD YYYY		AGE ON RACE DAY		PARTICIPANT T-SHIRT SIZE Included in race entry fee. Sizes not guaranteed for entries received after Aug. 9, 2024. <input type="checkbox"/> Small <input type="checkbox"/> X-Large <input type="checkbox"/> Medium <input type="checkbox"/> 2X-Large <input type="checkbox"/> Large <input type="checkbox"/> 3X-Large <input type="checkbox"/> Wheelchair <input type="checkbox"/> Hand Cycle	
EMAIL ADDRESS							
PHONE NUMBER							
MAILING ADDRESS				ZIP			
CITY				STATE		COUNTRY	

3. RELAY TEAM INFORMATION

TEAM NAME:	
<input type="checkbox"/> Team Captain DIVISION: <input type="checkbox"/> Male team <input type="checkbox"/> Female team <input type="checkbox"/> Co-ed team	Relay registration fees are per team member. Legs are 3, 5 and 7 miles with both exchanges on the South Side Bridge. Runners registered for the 15-mile race may also run the first leg of the 3-person relay concurrently wearing two bibs with both bibs visible. Must pay both registration fees.

4. OPTIONAL SOUVENIR T-SHIRTS

Order by **Aug. 9, 2024**. Please indicate quantity.

Short-sleeved \$15 each	Long-sleeved \$20 each
<input type="checkbox"/> Small	<input type="checkbox"/> Small
<input type="checkbox"/> Medium	<input type="checkbox"/> Medium
<input type="checkbox"/> Large	<input type="checkbox"/> Large
<input type="checkbox"/> X-Large	<input type="checkbox"/> X-Large
<input type="checkbox"/> 2X-Large	<input type="checkbox"/> 2X-Large
<input type="checkbox"/> 3X-Large	<input type="checkbox"/> 3X-Large

5. WAIVER

I, the undersigned, waive and release for myself, my heirs, executors, and administrators, any and all rights and claims for damages, demands, and any other actions whatsoever, which I may have against Charleston Distance Run, Inc., its committee members and volunteers, the City of Charleston, all participating sponsors and supporters of those entities, successors, representatives, and assigns, arising out of my participation in this event, including any and all injuries, including death, suffered by me as a result of my participation in this event. I consider myself adequately trained for the completion of this event. Should I suffer an injury or illness, I authorize officials of this race to use their discretion to have me medically treated and transported to a medical facility. I also authorize Charleston Distance Run, Inc. to use any photograph or video taken of me during any of the Charleston Distance Run events to be used in any promotional materials.	
SIGNATURE (Parent or guardian MUST sign if under 18)	DATE

DATE RECEIVED: _____ PAID: CREDIT CARD CASH CHECK # _____ TOTAL: _____