

47th Annual Charleston Distance Run  
 August 31, 2019 | Charleston, West Virginia  
 Results by TriStateRacer.com

Weather: 70' and Sunny - Humidity: 70% - Wind: N @ 3 MPH

===== 5K Overall Results =====

Place	Bib	Name	S	Age	City	St	Finish	Pace
1	1474	Jonathan Calhoun	M	36	Charleston	WV	17:56.3	5:47
2	1321	William Godfrey	M	35	Washington	DC	21:03.9	6:47
3	1627	Dennis Thornburg	M	58	Clendenin	WV	21:04.3	6:47
4	1630	Hilton Ingraham	M	31	Winfield	WV	21:23.1	6:53
5	1584	Crawford Goldman	M	12	Charleston	WV	21:26.8	6:55
6	1659	Brooke Bias	F	32	South Charleston	WV	21:32.0	6:56
7	1475	Caleb Wiley	M	17	Charleston	WV	22:06.7	7:08
8	1025	Ed Pagan	M	58	Belpre	OH	22:17.1	7:11
9	1585	Todd Goldman	M	45	Charleston	WV	22:57.0	7:24
10	214	Robert Hensley	M	55	Dunbar	WV	23:07.5	7:27
11	1634	Charlie Barton	M	12	Charleston	WV	23:11.3	7:28
12	1050	Davey Potter	M	42	South Charleston	WV	23:13.3	7:29
13	1550	Grey Harris	M	61	Charleston	WV	23:20.3	7:31
14	1631	Gunner Prince	M	11	Madison	WV	23:26.7	7:33
15	1290	Michael Payne	M	14	Red House	WV	23:27.5	7:34
16	1668	Kristi Silkwood	F	39	Charleston	WV	23:27.6	7:34
17	1583	Anderson Goldman	M	15	Charleston	WV	23:29.4	7:34
18	1291	Thomas W Payne III	M	17	Red House	WV	23:40.5	7:38
19	1618	Jennifer Potter	F	37	Charleston	WV	23:49.2	7:40
20	1419	Michael Atha	M	34	Beckley	WV	23:51.2	7:41
21	1558	Noah Kirk	M	13	Charleston	WV	24:00.6	7:44
22	1499	Aiden Hayes		11	Charleston	WV	24:24.0	7:52
23	1121	Alex Camp	M	23	Charleston	WV	24:25.5	7:52
24	1570	Logan Workman	M	15	Danville	WV	24:32.5	7:54
25	1625	Karsen Fletcher	F	14	Boomer	WV	24:36.5	7:56
26	1632	Beth Wheatley	F	48	Charleston	WV	24:44.3	7:58
27	1070	Anna Vanderlaan	F	55	Ravenswood	WV	24:45.5	7:59
28	1416	Colten Farnsley	M	22	Cedarville	OH	24:47.0	7:59
29	1008	Tyler Nikola	M	27	Greensboro	NC	25:01.3	8:04
30	1639	Erich Heinz Jr	M	8	Clarks Hill	SC	25:02.5	8:04
31	1461	Anthony Brunetti	M	25	Charleston	WV	25:24.5	8:11
32	1417	Garrison Greathouse	M	48	Poca	WV	25:39.9	8:16
33	1168	Anita Smith	F	50	Charleston	WV	25:43.6	8:17
34	1476	Chris Sutton		39	Charleston	WV	25:47.0	8:18
35	1273	Thomas Stull	M	61	Saint Albans	WV	26:06.6	8:25
36	1580	Byron Stoddard	M	23	Dubach	LA	26:07.7	8:25
37	1226	Ella Jennings	F	23	Wellsburg	WV	26:08.6	8:25
38	1387	Sarah Lane-Ayers	F	55	Rochester	NY	26:24.6	8:31
39	1189	John Wells III	M	60	Charleston	WV	26:25.1	8:31
40	1306	Roger Hager	M	65	Charleston	WV	26:32.0	8:33
41	1302	Valerie Lamaster	F	39	Charleston	WV	26:36.6	8:34
42	1120	Melissa Gamponia	F	53	Charleston	WV	26:37.9	8:35
43	1604	Duane Dombek	M	70	Charleston	WV	26:46.6	8:38
44	1463	Drew Fenton	M	33	Charleston	WV	26:47.6	8:38
45	1658	Bobbi Morrison	F	35	Charleston	WV	27:07.2	8:44
46	1557	Elijah Kirk	M	11	Charleston	WV	27:09.5	8:45
47	1649	Samantha Batdorf	F	28	Charleston	WV	27:17.1	8:47
48	1230	Dory Patterson	F	27	Charleston	SC	27:17.6	8:48
49	1485	David Komlenic		60	Finleyville	PA	27:25.2	8:50
50	1586	Christina Goldman	F	46	Charleston	WV	27:28.5	8:51

Record 14:25 by Michael Cox in 2001

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Place	Bib	Name	S	Age	City	St	Finish	Pace
51	1386	Claire Smith	F	14	Elkview	WV	27:40.3	8:55
52	1433	Heidi Talmage	F	51	Saint Albans	WV	27:44.1	8:56
53	1549	Alyssa Dunlap	F	17	Madison	WV	27:48.6	8:58
54	1522	Hope Hatfield	F	12	Madison	WV	28:02.1	9:02
55	1339	Amelia Smith	F	13	Ottawa	WV	28:07.5	9:04
56	1489	Ed Ford		54	Alexandria	VA	28:20.9	9:08
57	1635	William Barton	M	12	Charleston	WV	28:25.5	9:09
58	1636	Dickinson Golld	M	11	Charleston	WV	28:28.6	9:10
59	1303	Vernon Redman	M	74	Charleston	WV	28:31.3	9:11
60	1309	Alisha Robinson	F	42	Dunbar	WV	28:32.4	9:12
61	1169	Denny Humphrey	M	57	Poca	WV	28:45.0	9:16
62	1520	Laura Ashley	F	32	Charleston	WV	28:54.2	9:19
63	1647	Allison Abbott	F	37	Comfort	WV	28:54.3	9:19
64	1084	Shelly Walker	F	34	Spring Dale	WV	28:55.0	9:19
65	1651	Rebecca Roth	F	99	Charleston	WV	28:55.9	9:19
66	1195	Sarah Nikola	F	27	Greensboro	NC	29:04.9	9:22
67	1110	Cathy Peal	F	54	Hurricane	WV	29:05.9	9:22
68	1287	Vivian Higgins	F	62	Montgomery	WV	29:11.8	9:24
69	1515	Xavier Godfrey-John	M	18	Charleston	WV	29:20.0	9:27
70	1560	Amanda Foster	F	45	Charleston	WV	29:20.1	9:27
71	1477	Connie Sutton		59	Charleston	WV	29:33.6	9:31
72	1633	Tesla White	F	25	Fairmont	WV	29:43.2	9:34
73	1530	Paul Sylvester	M	33	Charleston	WV	29:45.0	9:35
74	1237	Gary Kersey	M	62	Sissonville	WV	29:46.8	9:36
75	1521	Dennis Brady	M	70	South Charleston	WV	29:48.8	9:36
76	1357	Samantha Weaver	F	19	Morgantown	WV	29:52.1	9:37
77	1511	Rayah Justice	F	11	Danville	WV	30:06.7	9:42
78	1106	Tammy Winters	F	57	Kenna	WV	30:15.0	9:45
79	1533	Kara Abshire	F	34	Glasgow	WV	30:17.2	9:45
80	1412	Alex Bullard	F	29	Charleston	WV	30:28.4	9:49
81	1531	Valerie Sylvester	F	34	Charleston	WV	30:29.5	9:49
82	1450	Lewis Martin	M	57	Dublin	OH	30:34.2	9:51
83	1555	Kelli Vance	F	43	Charleston	WV	30:38.0	9:52
84	1270	Dave Thomas	M	67	Charleston	WV	30:43.2	9:54
85	1379	Paul Finn	M	68	Louisville	KY	30:44.2	9:54
86	1229	Mk Miller	F	23	Shaker Heights	OH	30:47.6	9:55
87	1356	Lori Kersey	F	34	Charleston	WV	31:12.7	10:03
88	1252	Tammy Epperly	F	35	Charleston	WV	31:19.5	10:05
89	1670	Walter Zangeneh	M	44	Charleston	WV	31:20.2	10:06
90	1595	Douglas Price	M	50	Charleston	WV	31:20.6	10:06
91	1597	Anne Price	F	43	Charleston	WV	31:27.4	10:08
92	1525	Staci Greene	F	35	Madison	WV	31:27.6	10:08
93	1505	Chris Adkison	M	50	Fraziers Bottom	WV	31:35.2	10:10
94	1418	Amber Affholter	F	31	Beckley	WV	31:36.0	10:11
95	1578	Meghan Capps	F	26	Charleston	WV	31:37.7	10:11
96	1408	Alan Mendeloff	M	61	Milwaukee	WI	31:39.9	10:12
97	1656	Philip Casingal	M	52	Charleston	WV	31:41.5	10:13
98	1267	Jeana Albright	F	35	Charleston	WV	31:57.6	10:18
99	1554	Sam Fox	M	55	Charleston	WV	31:58.8	10:18
100	1341	Mary Shultz	F	63	Charleston	WV	31:58.9	10:18

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Place	Bib	Name	S	Age	City	St	Finish	Pace
101	1411	Barry Parsons	M	52	Hurricane	WV	32:10.0	10:22
102	1410	Angela King	F	41	Hurricane	WV	32:15.8	10:24
103	216	Winston Gregory	M	71	Scott Depot	WV	32:26.9	10:27
104	1500	Jaime Hayes		42	Charleston	WV	32:34.0	10:29
105	1176	Michelle Pierson	F	47	Charleston	WV	32:45.9	10:33
106	1544	James Bailey	M	78	Cedarville	WV	32:57.1	10:37
107	1423	Sue Truelove	F	60	Scott Depot	WV	32:57.4	10:37
108	1400	Zakorrah Russell	F	17	Hurricane	WV	33:01.8	10:38
109	1255	William Toomey	M	66	Belpre	OH	33:03.9	10:39
110	1254	John Toomey	M	34	Charleston	WV	33:08.5	10:41
111	1510	Raygen Jackson	F	17	Charleston	WV	33:09.9	10:41
112	1323	Luann Summers	F	58	Charleston	WV	33:16.8	10:43
113	1456	Mark Dyer	M	32	Scott Depot	WV	33:17.2	10:43
114	1548	Debbie Willis	F	62	Ripley	WV	33:32.6	10:48
115	1648	Jennifer Whaley	F	99	Charleston	WV	33:43.7	10:52
116	1335	Beth Milbee	F	62	Scott Depot	WV	33:44.2	10:52
117	1011	Richard Rivera	M	57	Chantilly	VA	33:46.7	10:53
118	1256	Victoria Barksdale	F	51	Charleston	WV	33:46.9	10:53
119	1007	Debora Rivera	F	60	Chantilly	VA	33:47.5	10:53
120	1170	John Mooney	M	65	Charleston	WV	34:00.2	10:57
121	1032	George Beavers	M	54	Portsmouth	RI	34:06.8	10:59
122	1167	Arnold Given	M	66	St Albans	WV	34:10.6	11:01
123	1313	Paul Cantrell	M	66	Charleston	WV	34:14.5	11:02
124	1353	Doug Fawcett	M	66	Fredericksburg	VA	34:32.3	11:07
125	1524	James Jackson	M	42	Charleston	WV	34:47.1	11:12
126	1027	Aric Porter	M	49	Lexington	KY	34:56.4	11:15
127	1328	Page Earley	F	29	Muncie	IN	34:58.3	11:16
128	1537	Rich Miller	M	61	Charleston	WV	35:02.4	11:17
129	1327	Robby Earley	M	29	Muncie	IN	35:04.4	11:18
130	1057	Melanie Vickers	F	68	Charleston	WV	35:06.0	11:18
131	1574	Elizabeth Hypes	F	46	Beckley	WV	35:08.5	11:19
132	1364	Christina Evans	F	26	Pinch	WV	35:10.5	11:20
133	78	Teresa Hensley	F	60	Dunbar	WV	35:10.7	11:20
134	1422	Jennifer Moses	F	44	Charleston	WV	35:14.2	11:21
135	1480	Taylor Thompson		25	Charleston	WV	35:21.0	11:23
136	1593	David Dorsey	M	48	Charleston	WV	35:22.1	11:24
137	1035	Tami Lee Shamblin	F	50	Scott Depot	WV	35:23.3	11:24
138	1119	Donald Moore	M	65	Charleston	WV	35:25.4	11:25
139	1509	Aaron Cox	M	24	Charleston	WV	35:46.7	11:31
140	1527	Ernest Francis	M	66	Surveyor	WV	35:57.7	11:35
141	1395	Marian Russell	F	54	Hurricane	WV	36:19.3	11:42
142	1528	Kitty Francis	F	63	Surveyor	WV	36:20.8	11:42
143	1093	Mary Huffman	F	43	Belle	WV	36:24.8	11:44
144	1336	Claudia Ruiz	F	12	Earlysville	VA	36:30.9	11:46
145	1460	Roger Carte	M	55	Charleston	WV	36:48.6	11:51
146	1094	Courtney Camp	F	23	Charleston	WV	36:51.3	11:52
147	1373	Jason Bass	M	38	Bomont	WV	37:01.6	11:56
148	1079	Edgar Bowdish	M	50	Bloomingrose	WV	37:15.5	12:00
149	1223	Donna Atwood	F	31	Scott Depot	WV	37:24.3	12:03
150	1292	Kathleen Payne	F	51	Red House	WV	37:30.5	12:05

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151	1388	Laura Fenton	F	53	Charleston	WV	37:31.2	12:05
152	1124	Amy Evans	F	29	Charleston	WV	37:36.7	12:07
153	1182	Corey Lyons	M	32	Vinton	OH	37:37.6	12:07
154	1272	Charles Urling	M	74	Nitro	WV	37:42.8	12:09
155	1080	Lisa Harding	F	48	Charleston	WV	37:44.0	12:09
156	1470	Rick Zimmerman	M	61	Cumberland	MD	37:51.4	12:12
157	1603	Sherry Witters	F	51	Charleston	WV	37:54.0	12:12
158	1083	Diana White	F	57	Charleston	WV	37:59.2	12:14
159	7	Wk Munsey	M	63	Winfield	WV	38:07.7	12:17
160	1078	Sherri Bowdish	F	45	Bloomington	WV	38:15.4	12:19
161	1268	David Hatcher	M	67	Dunbar	WV	38:23.6	12:22
162	1029	Lindsey Duvall	F	35	Saint Albans	WV	38:28.5	12:24
163	1185	Katie Redd	F	43	Charleston	WV	38:30.7	12:24
164	1397	Barbara Jackson	F	70	Charleston	WV	38:34.9	12:26
165	1123	Lela Owusu	F	39	Charleston	WV	39:06.8	12:36
166	1009	Toni Pilato	F	35	Charleston	WV	39:07.2	12:36
167	1190	Sherry Miglin	F	56	Howard	OH	39:26.8	12:42
168	1596	Luke Potters	M	11	Charleston	WV	39:41.4	12:47
169	1269	Kim Hatcher	F	64	Dunbar	WV	39:44.0	12:48
170	1289	Emily Allen	F	12	Buffalo	WV	39:55.5	12:52
171	1428	Paula Williams	F	50	Charleston	WV	40:04.0	12:54
172	1471	Carol Perry	F	68	Ona	WV	40:12.6	12:57
173	1487	Arnold Stewart		75	Charleston	WV	40:15.5	12:58
174	1494	Russell Stewart		36	Charleston	WV	40:17.0	12:58
175	1495	Candace Stewart		35	Charleston	WV	40:21.7	13:00
176	1458	Beth Morrison	F	63	Saint Albans	WV	40:36.5	13:05
177	1406	Lynn Hicks	F	63	Villa Hills	KY	40:46.5	13:08
178	1650	Kim Foster	F	63	Charleston	WV	40:50.6	13:09
179	1665	Leah Macia	F	53	Charleston	WV	40:59.9	13:12
180	1657	Evita Saffer	F	43	Charleston	WV	41:00.1	13:12
181	1622	Deb McMillian	F	58	Charleston	WV	41:03.1	13:13
182	1337	Sissy Laing	F	61	Hurricane	WV	41:13.8	13:17
183	1142	Roger Cox	M	69	Charleston	WV	41:20.0	13:19
184	50	William Mullett	M	75	Charleston	WV	41:26.8	13:21
185	1095	Amelia Evans	F	24	Charleston	WV	42:00.2	13:32
186	1374	Sara Bass	F	37	Bomont	WV	42:08.1	13:34
187	1464	Tim Wazelle	M	60	Elkview	WV	42:32.9	13:42
188	1663	Barbara Simpson	F	47	Denton	NC	42:38.4	13:44
189	1424	Mark Truelove	M	60	Scott Depot	WV	42:45.6	13:46
190	80	Mac McMillian	M	68	Charleston	WV	43:01.3	13:51
191	1551	Tammy Wiley	F	55	Roanoke	VA	43:12.8	13:55
192	1184	Moria Smith	F	12	Charleston	WV	43:15.4	13:56
193	1156	Jerry Carpenter	M	37	Charleston	WV	43:25.4	13:59
194	1220	Jo Ellen Dean-Wagon	F	61	Elkview	WV	44:01.3	14:11
195	1333	Crystal Williams	F	54	Beaver	WV	44:25.8	14:19
196	1405	Lola Mendeloff	F	27	Milwaukee	WI	44:27.6	14:19
197	211	John Hall	M	87	Charleston	WV	44:37.1	14:22
198	210	Diana Ward	F	11	Charleston	WV	44:42.8	14:24
199	1507	Charles Price	M	56	Columbus	OH	44:54.2	14:28
200	1238	Peggy Kuhl	F	77	Scott Depot	WV	44:55.8	14:28

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201	1399	Tammy Brown	F	56	Dunbar	WV	45:15.4	14:34
202	1294	Terri Bray	F	62	Charleston	WV	45:15.4	14:34
203	1662	Steven Wilkins	M	59	Charleston	WV	45:15.9	14:35
204	1279	Nancy Stark	F	65	Charleston	WV	45:27.0	14:38
205	1280	Charles Stark	M	67	Charleston	WV	45:32.5	14:40
206	1629	Joshua King	M	32	Charleston	WV	45:39.6	14:42
207	1472	Deb Hodges	F	64	Winfield	WV	45:43.2	14:43
208	1186	Tyler Pate	M	26	Nashville	TN	45:47.1	14:45
209	1187	Rob Pate	M	53	Hurricane	WV	45:47.8	14:45
210	1020	Primus Poppiti	M	54	Wilmington	DE	45:49.2	14:45
211	209	Barbara Myrick	F	68	Kennesaw	GA	46:08.3	14:52
212	1301	Stephen Kozick	M	70	Powell	TN	46:16.8	14:54
213	1263	Carmella Crawford	F	65	Charleston	WV	46:19.5	14:55
214	1262	James Crawford	M	66	Charleston	WV	46:35.1	15:00
215	1526	Dawn Du Verney Wilk	F	54	Charleston	WV	46:40.8	15:02
216	1518	Susanne Buchko	F	52	Marmet	WV	47:14.0	15:13
217	1517	Megan Buchko	F	22	Marmet	WV	47:14.4	15:13
218	1431	Tammy Browning	F	51	Chapmanville	WV	47:19.9	15:15
219	1215	Lora Wright	F	47	Bridgeport	WV	47:22.9	15:16
220	1372	Pamela Haley	F	62	Charleston	WV	47:25.8	15:16
221	1247	Jessica Stonesifer	F	30	Saint Albans	WV	47:27.7	15:17
222	1394	Curtis Russell	M	54	Hurricane	WV	47:35.5	15:20
223	1602	Barry Thomas	M	61	Charleston	WV	47:35.6	15:20
224	1519	Jay Snodgrass	M	55	Marmet	WV	47:40.1	15:21
225	1462	Bob Barnes	M	76	Lexington	KY	48:00.2	15:28
226	1588	Olivia Shamblen	F	35	Ballagher	WV	48:02.0	15:28
227	1666	Cindy Patton	F	57	South Charleston	WV	48:12.6	15:32
228	1513	Mikayla Dent	F	23	Charleston	WV	48:21.4	15:34
229	1334	Bernadette Thompson	F	78	Delray Beach	FL	48:25.7	15:36
230	1587	Susan Sharps	F	58	Cross Lanes	WV	48:26.0	15:36
231	1242	Pat Fulcher	F	63	Charleston	WV	48:29.9	15:37
232	1114	Megan Egnor	F	30	Hurricane	WV	48:32.8	15:38
233	1113	Joe Whittington	M	52	Charleston	WV	48:33.0	15:38
234	1326	Frederick Albert	M	68	Charleston	WV	48:46.5	15:42
235	207	Harry Scharf	M	61	Saint Louis	MO	49:12.1	15:51
236	1514	Kathy Dent	F	62	Charleston	WV	49:34.1	15:58
237	1001	Alison Tartt	F	76	Austin	TX	49:46.3	16:02
238	1293	Linda Aleshire	F	63	Bickmore	WV	50:04.2	16:07
239	1351	Sarah Mease	F	21	Hughston	WV	50:08.3	16:09
240	1075	Jessica King	F	39	Huntington	WV	50:18.9	16:12
241	1352	Crystal Hudnall	F	31	Hughston	WV	50:28.8	16:15
242	1188	David Bohnke	M	80	Fairmont	WV	50:32.1	16:16
243	1543	Holly Palmer	F	59	Ravenswood	WV	50:32.2	16:16
244	1532	Brenda Conley	F	70	Ravenswood	WV	50:32.7	16:17
245	1516	Martha Syner	F	62	Charleston	WV	51:08.8	16:28
246	1325	Leslie Bonham	F	62	Charleston	WV	51:12.3	16:29
247	1228	Terry Hudgins	M	65	Chapel Hill	NC	51:56.8	16:44
248	1311	Krystal Bolar	F	47	Detroit	MI	52:26.6	16:53
249	1440	Jason Powell	M	45	South Charleston	WV	52:59.0	17:04
250	1441	Emily Streets	F	35	South Charleston	WV	52:59.8	17:04

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251	1305	David Kitts	M	70	Winfield	WV	55:05.9	17:45
252	1274	Ronald Raether	M	80	Cross Lanes	WV	56:24.7	18:10
253	1285	Norma Collins	F	79	Charleston	WV	56:34.0	18:13
254	1286	Lewis Collins	M	79	Charleston	WV	56:41.7	18:15
255	1455	Laura Dyer	F	33	Scott Depot	WV	58:28.7	18:50
256	1246	Richard Starr	M	78	Dublin	OH	59:03.0	19:01
257	1432	Anna Harper	F	71	Charleston	WV	59:39.0	19:12
258	205	Naomi Day	F	64	South Charleston	WV	59:57.3	19:18
259	1198	Revonda Wills	F	44	Princeton	WV	1:00:14.8	19:24
260	1565	Lucy Briggs	F	59	Charleston	WV	1:02:16.3	20:03
261	1600	Phyllis Sadd	F	86	Charleston	WV	1:02:47.6	20:13
262	1197	Mark Wills	M	63	Princeton	WV	1:11:00.2	22:52
263	1501	Elijah Smith		8	Charleston	WV	1:14:09.1	23:53
264	1502	Michael Smith		36	Charleston	WV	1:14:10.4	23:53
265	1434	Brianna Kilgore	F	5	South Charleston	WV	1:17:35.5	24:59
266	1438	Linda Streets	F	66	Charleston	WV	1:17:51.4	25:04
	1534	Vincent Dwyer	M	38	Wheeling	WV		
	1179	Trevor Thaxton	M	28	Charleston	WV		
	1216	Greg Foster	M	55	Galloway	OH		
	1573	Priscilla Raines	F	22	Beckley	WV		
	1181	Kyla Bryant	F	25	Vinton	OH		
	1566	Kristi Wheeler	F	49	Charleston	WV		
	1491	Adriana Marshall		36	Charleston	WV		
	1490	Jeanette Love		38	Charleston	WV		
	1613	Esta Martin	F	37	Charleston	WV		
	1646	Kimberly Chaffin	F	58	Charleston	WV		
	1180	Ashley Thaxton	F	27	Charleston	WV		
	57	Anthony Myrick	M	32	Kennesaw	GA		
	1498	Maggie Phillips		43	Charleston	WV		