

Littering Is Allowed During Charleston Distance Run  
Drinking on the Run are Dale Shaw (44) and Fellow Competitors

—Staff photo by Leo Chabot

# Top 100, Class Winners

### Top 100 Finishers

- 1 Frank Shorter, independent, 1:14:37
- 2 Gary Tuttle, independent, 1:15:14
- 3 Lucian Rosa, Parkside Track, 1:15:34
- 4 John Vitale, independent, 1:15:49
- 5 David Long, Western Kentucky, 1:16:33
- 6 Chris Ridler, Western Kentucky, 1:17:7
- 7 Andy Burfoot, independent, 1:17:10
- 8 Barry Brown, independent, 1:17:11
- 9 Richard Hughson, Toronto Olympic Club, 1:17:24
- 10 Robert Varsha, Atlanta Track Club, 1:17:36
- 11 Sam Barr, Human Energy, 1:17:44
- 12 Daniel Rincon, Delaware Sports Club, 1:17:54
- 13 Amer Hamilton, Summit AC, 1:18:05
- 14 Jack Fultz, independent, 1:18:18
- 15 Benji Durden, Atlanta Track Club, 1:18:27
- 16 Don Kardong, independent, 1:18:37
- 17 Robert Eden, Atlanta Track Club, 1:18:49
- 18 Marly Sudzina, W Va. Track Club, 1:18:52
- 19 Duane Gaston, Kettering Striders, 1:19:11
- 20 Carl Hatfield, W Va. Track Club, 1:19:21
- 21 Michael Buckley, Northeastern TC, 1:19:21
- 22 Paul Talkington, Summit AC, 1:19:24
- 23 Ronald Kurie, San Fernando AC, 1:19:25
- 24 John Slaughter, Western Ky. Univ., 1:19:37
- 25 Mark Linder, independent, 1:19:49
- 26 Kevin Foley, Edinboro State, 1:20:04
- 27 Paul Stemmer, Nittany Valley TC, 1:20:11
- 28 Tom Fleming, independent, 1:20:11
- 29 Edward Laddy, Knoxville TC, 1:20:34
- 30 Tommy Preston, independent, 1:20:38
- 31 Gary Nitty, independent, 1:20:44
- 32 Harry Foerster, independent, 1:20:49
- 33 Chuck Burrows, Twin Cities TC, 1:20:53
- 34 Melvin Boyd, Human Energy, 1:20:58
- 35 Alex Kasich, W Va. Track Club, 1:21:07
- 36 Stephen Crane, Ohio Track Club, 1:21:14
- 37 Dave Smith, independent, 1:21:20
- 38 David McDonald, Univ. of Pittsburgh, 1:21:34
- 39 David Millman, Florida Track Club, 1:21:41
- 40 William Gallagher, Ohio Track Club, 1:21:46
- 41 Bruce Krutzler, Kettering Striders, 1:21:49
- 42 Dave Casillas, Lewis University, 1:21:50
- 43 Karl Kule, Summit AC, 1:21:55
- 44 Jeff Hines, Summit AC, 1:21:59
- 45 Ray Fredericksen, Univ. Parkside AC, 1:22:04
- 46 Randy Stroud, Atlanta TC, 1:22:32
- 47 Robert Fowler, Marquette College, 1:22:43
- 48 Paul Fetscher, Long Island AC, 1:22:44
- 49 Bruce Robinson, Washington Running Club, 1:22:47
- 50 Daniel Paul, Maine Track Club, 1:22:55

- 51 Mark Baldino, D.C. Metro, 1:23:01
- 52 Steve Molnar, Human Energy, 1:23:02
- 53 John Bickart, independent, 1:23:09
- 54 Jim Lyons, Edinboro State, 1:23:12
- 55 Mark Duggan, Greater Boston TC, 1:23:18
- 56 Karl Santos, Atlanta Track Club, 1:23:23
- 57 Mark Studnicki, Human Energy, 1:23:31
- 58 Timothy Cummins, U.S. Naval Academy, 1:23:34
- 59 Claude Barron, U.S. Naval Academy, 1:23:38
- 60 Jerome White, independent, 1:23:40
- 61 Robert Brown, Human Energy, 1:23:43
- 62 Brent Hawkins, independent, 1:23:51
- 63 James Gallagher, Northeastern Univ., 1:23:54
- 64 Ed Steingraber, Lewis University, 1:23:57
- 65 Steven Milmoe, Washington Running Club, 1:23:59
- 66 Scott Graham, Greater Boston TC, 1:24:12
- 67 James Lombardi, Warren Ohio YMCA, 1:24:21
- 68 Mark Davis, Columbus Road Runners, 1:24:41
- 69 Michael Greehan, DC Metro Track Club, 1:24:46
- 70 Lou Costenedo, Lewis University, 1:24:52
- 71 Ralph Thomas, independent, 1:25:01
- 72 Roger Roustler, Lewis University, 1:25:03
- 73 Gregory Lefoy, Human Energy, 1:25:08
- 74 William Albert, DC Metro Track Club, 1:25:15
- 75 Cletus Griffin, Summit AC, 1:25:19
- 76 William Sampson, independent, 1:25:25
- 77 Joe Come, Edinboro State, 1:25:32
- 78 Roy Bricker, Lewis University, 1:25:37
- 79 William Rodeheffer, Columbus Road Runners, 1:25:39
- 80 James Peltz, Springfield College AC, 1:25:43
- 81 Thomas Allison, Human Energy, 1:25:46
- 82 Patrick Thomas, independent, 1:25:46
- 83 Dan Dusch, Bluegrass Runners Club, 1:25:55
- 84 Thomas Phillips, Northern Ky. Univ., 1:25:56
- 85 Steven Wilkin, Ohio Track Club, 1:26:01
- 86 Scott McMillen, Adams State College, 1:26:02
- 87 Steve Hoag, independent, 1:26:13
- 88 Dan Liming, Western Brown, 1:26:23
- 89 Barry Harwick, West Penn TC, 1:26:24
- 90 David Felice, Nittany Valley TC, 1:26:35
- 91 Leo Desiardine, Sarina Track Club, 1:26:43
- 92 Jack Mulqueen, Team BWVU, 1:26:45
- 93 George Brose, Kettering Striders, 1:26:46
- 94 Jack Dove, independent, 1:26:54
- 95 Unlisted
- 96 Elton Fikes, USMC, 1:27:04
- 97 Joe Mulqueen, Team BWVU, 1:27:15
- 98 William Hall, NCTC, 1:27:17
- 99 Craig Harms, Lake Erie AA, 1:27:20
- 100 Danny Kyle, independent, 1:27:21

### CLASS WINNERS

- Division 1**  
Women
- 1 Kim Merritt, Parkside TC, 1:28:50
  - 2 Laura Craven, Scioto, 1:33:00
  - 3 Gayle Barron, Atlanta TC, 1:34:51
- Women From W. Va.
- 1 Joni Adams, independent, 1:58:24
  - 2 Carolyn Revercomb, independent, 2:02:41
  - 3 Linda Meckfessel, K.V. Road Runners, 2:11:43
- Division 2**  
Ages 18 and Under
- 1 Jim Lyons, Edinboro State, 1:23:12
  - 2 Roy Bricker, Lewis University, 1:25:37
  - 3 Bill Rodeheffer, Columbus Road Runners, 1:25:39
- Ages 18 and Under From W. Va.
- 1 Jack Mulqueen, Team B, WVU, 1:26:45
  - 2 Joe Mulqueen, Team B, WVU, 1:27:15
  - 3 John Oolson, Marshall Univ., 1:32:49
- Division 2**  
Ages 19 Through 29
- 1 Frank Shorter, independent, 1:14:37
  - 2 Gary Tuttle, independent, 1:15:14
  - 3 John Vitale, independent, 1:15:49
- Ages 19 Through 29 From W. Va.
- 1 Carl Hatfield, W Va. Track Club, 1:19:21
  - 2 Alex Kasich, W Va. Track Club, Team A, 1:21:07
  - 3 Scott McMillen, Adams State College, 1:26:02
- Division 4**  
Ages 30 Through 39
- 1 Lucian Rosa, Parkside Track, 1:15:34
  - 2 Andy Burfoot, independent, 1:17:10
  - 3 Barry Brown, independent, 1:17:11
- Ages 30 Through 39 From W. Va.
- 1 Roger Roustler, Lewis University, 1:25:03
  - 2 Thomas Breen III, K.V. Road Runners, 1:35:44
  - 3 Albert Anson III, K.V. Road Runners, 1:36:46
- Division 5**  
Ages 40 Through 49
- 1 Ralph Thomas, independent, 1:25:01
  - 2 Fred Wright, Sarina T.C., 1:26:40
  - 3 Williams Hoss Jr., Potomac Valley, 1:29:58
- Ages 40 Through 49 From W. Va.
- 1 Ludwig Gutmann, W Va. Track Club, 1:37:08
  - 2 Paul Bowman, K.V. Roadrunners, 1:34:59
  - 3 John Hall, K.V. Roadrunners, 1:40:14
- Division 6**  
Ages 50 Through 59
- 1 Don Liljequist, independent, 1:44:40
  - 2 Joe McGuinness, Chattanooga TC, 1:50:77
  - 3 Ray Harmon, independent, 1:53:06
- Ages 50 Through 59 From W. Va.
- 1 Ray Harmon, independent, 1:53:06
  - 2 Worley Stout, K.V. Road Runners, 1:54:15
  - 3 Frank Branner, K.V. Road Runners, 1:59:35
- Division 7**  
Ages 60 and Over
- 1 Robert Boal, Southeastern U.S. Masters, 1:48:27
  - 2 James Jenkins, Baito Road Runners, 2:05:00
  - 3 Nathaniel Helmer, W. Va. Track Club, 2:08:38
- Ages 60 and Over From W. Va.
- 1 Nathaniel Helmer, W. Va. Track Club, 2:08:38
  - 2 John Pianfetti, K.V. Road Runners, 2:21:50
  - 3 Raymond Hubbard, independent, 2:38:36

I'm not saying I lost the Fourth Annual Charleston Distance Run because my opponents were into blood-doping, but I can't help but be a little suspicious.

All I know is that those 724 people who finished ahead of me looked mighty lively. I really didn't think much about it until two older women in their 50s passed me by actually leaping over my head instead of simply running around me.

To the people who have tried it, blood doping is the best thing to hit runners since legs. They take a pint of blood from their bodies, freeze it and then put it back in just before the race thus giving themselves an extra pint of blood. It became a big thing in the Montreal Olympics and apparently has made it to Charleston. Which is unusual for West Virginia, to be only a few months behind the rest of the world.

Of course I can't prove that any of my opponents used blood-doping against me. It's just the ones who snickered as they went by me that I really wondered about. Then there was another guy who I overheard telling a fellow runner that he had run eight miles without taking a breath.

But that's the sort of thing you have to deal with when you get into big time racing.

My time this year was 2:11:55, good for a finish of 725th. And there were some classy runners behind me including eight-year-old Wayne Bowman, his dad, Bryant, and 69-year-old John Pianfetti.

And Linda Meckfessel, the only Junior Leaguer in the race, got the scare of her running life when she saw me pass her several times in the race. I finally decided to slow down near the end and let her beat me which was the only gentlemanly thing to do. I also was afraid that if I had beaten her, she would have used her influence as a city councilperson to keep my neighborhood streets from getting paved.

But the most satisfying part of the race to me was once again beating Jeff Galloway, in what has turned out to be one of the top individual duels in the race year after year.

Galloway won the first Distance Run here in 1973. In 1974, I really turned on the speed and beat Galloway, who dropped out with an injury. Then last year, Galloway beat me again to take a 2-1 lead in the series.

But once again, revenge became mine against Galloway as I finished ahead of the "Atlanta Antelope" Saturday. Galloway had to stop at the 11-mile mark after reinjuring a tendon in his foot. My tendons, however, held up beautifully.

So now Galloway and I are deadlocked at 2-2 in the series which means that we're



—Staff Photo by Lawrence Pierce

Laura Craven, 11, Takes Cup of Water Without Breaking Stride  
Columbus, Ohio Cutie Finished 2nd in Women's Class With Time of 1:33