Former Marine Who Completed Run Across U.S. to Speak at CDR Runners' Clinic

Charleston, W.Va., Aug. 8, 2012 — Jamie Summerlin, whose long-distance run from coast to coast in just 100 days raised money and awareness for wounded soldiers and veterans, will be the featured speaker at the runners' clinic for the Charleston Distance Run.

The clinic is scheduled 7 p.m. to 8 p.m. Aug. 31 in Room West Virginia 104 of the Charleston Civic Center. The event is free and open to the public.

A West Virginia native and Monongalia County resident, Summerlin also plans to join participants in the 40th edition of the Charleston Distance Run, competing in the 15-mile race scheduled 7:30 a.m. Sept. 1. The former U.S. Marine has raised $50,000 and awareness for the Wounded Warrior Project and West Virginia-based VetConnection and Operation Welcome Home.

"While some might think of the difficulty in running across the country, I know this is nothing compared to what some of these brave men and women have endured," Summerlin said. "If I can use running as a way to give back to them, I will keep on running."

The Charleston Distance Run is doing a special salute the military. A U.S. military entry fee of $20 per person is being offered by the CDR for all events – the 15-mile run, three-person 15-mile relay, 5K run, 5K walk and 10K walk. Mail-in applications for the military discount must be received by Aug. 31. Paper applications also can be submitted in person from 4 p.m. to 9 p.m. Aug. 31 at the Charleston Civic Center. There will be no online registration for the military discount. Paper applications may be printed from the CDR website at **www.charlestondistancerun.com.** Proper military   identification must be presented to pick up race packets.

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